

7	Camenco
1	byLucio Pozone facile

by Luco Pozone facile	SILVER	LEVEL (INCLU	IDES BRONZE	E LEVEL)		BRONZE LEVEL CONTENTS			
	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI	
EFFECTIVE MEMBERS AREA	1			2					
THEORY									
Historical Notes on Flamenco									
A bit of history (Part One)	1	1				1			
A bit of history (Part 2)	1	1				1			
The Compás and the Palos in Flamenco									
What is Compás	1	1				1			
What is a Palo Flamenco	1	1				1			
Palos in 12 Tempos									
1) Martinete	1	1	2			2			
2) Siguiriya	1	1	1			2			
3) Solea'	1	1	1			2			
4) Alegrías	1	1	2			3			
5) Bulerías	1	2	2		1	3			
PARTIAL TOTALS	10	10	8	2	1	16	0	0	



1	70
1	-lamenco
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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI
Palos in 4 Tempos								
1) Tientos	1	1	2			3		
2) Tangos	1	1	1			3		
3) Farruca	1	1	1			2		
Palos in 3 Tempos								
1) Fandango de Huelva	1	1	1			2		
2) Sevillanas	1	1	2			2		
Palos in 2 Tempos								
1) Rumba	1	1	2			4		
2) Colombiana	1	1	1			2		
PRACTICE								
The Flamenco Guitar								
Description	1						2	
Setting and Posture	1						2	
PARTIAL TOTALS	9	7	10	0	0	18	4	0



1	30	
1	lamenco	,
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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI		
The Technique of Flamenco Guitar										
1 - Hand Setting										
Exercise No. 1	1		1	1	1	1				
Exercise No. 2	1		1	1	1	1				
2 - Fluency and Empowerment										
Exercise No. 1	1		1	1	1	1				
Exercise No. 2	1		1	1	1	1				
Exercise No. 3	1		1	1	1	1				
Exercise No. 4	1		1	1	1	1				
Exercise No. 5	1		1	1	1	1				
Exercise No. 6	1		1	1	1	1				
Exercise No. 7	1		1	1	1	1				
PARTIAL TOTALS	9	0	9	9	9	9	0	0		

## FLAMENCO FACILE (Effective Members Area ) - SILVER LEVEL CONTENT LIST

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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI
3 - The "Legato"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	1	1	1		
Exercise No. 6	1		1	1	1	1		
4 - The "Rasgueo"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	2	1	1		
Exercise No. 6	1		1	1	1	1		
PARTIAL TOTALS	12	0	12	13	12	12	0	0





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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI		
4 - The "Rasgueo"										
Exercise No. 7	1		1	1	1	1				
Exercise No. 8	1		1	1	1	1				
Exercise No. 9	1		1	1	1	1				
Exercise No. 10	1		1	1	1	1				
Exercise No. 11	1		1	1	1	1				
Exercise No. 12	1		1	1	1	1				
Exercise No. 13	1		1	1	1	1				
Exercise No. 14	1		1	1	1	1				
5 - The "Golpe"										
Exercise No. 1	1		1	1	1	1				
Exercise No. 2	1		1	1	1	1				
Exercise No. 3	1		1	1	1	1				
PARTIAL TOTALS	11	0	11	11	11	11	0	0		





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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI
5 - The "Golpe"								
Exercise No. 4	1		1	1	1	1		
6 - The "Pulgar"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	1	1	1		
Exercise No. 6	1		1	1	1	1		
Exercise No. 7	1		1	1	1	1		
Exercise No. 8	1		1	1	1	1		
Exercise No. 9	1		1	1	1	1		
PARTIAL TOTALS	10	0	10	10	10	10	0	0





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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI
7 - The "Arpeggio"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	1	1	1		
Exercise No. 6	1		1	1	1	1		
Exercise No. 7	1		1	1	1	1		
Exercise No. 8	1		1	1	1	1		
8 - The "Tremolo"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
PARTIAL TOTALS	11	0	11	11	11	11	0	0





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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI	
8 - The "Tremolo"									
Exercise No. 4	1		1	1	1	1			
9 - The "Picado"									
Exercise No. 1	1		1	1	1	1			
Exercise No. 2	1		1	1	1	1			
Exercise No. 3	1		1	1	1	1			
Exercise No. 4	1		1	1	4	4			
Exercise No. 5	1		1	1	1	1			
Exercise No. 6	1		1	1	1	1			
The Palmas									
A) Palma Sorda VS Palma Clara	1			1					
B) Compás in 12 tempos	1			1					
C) Compás in 4 tempos	1		1	2		1			
PARTIAL TOTALS	10	0	8	11	10	11	0	0	





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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI	
The Palmas									
D) Compás in 3 tempos	1		1			1			
E) Compás in 2 tempos	1		1			1			
F) Palmas in Countertime (First part)	1		1		1	1			
G) Palmas in Countertime (Second part)	1		1		1	1			
Live Lessons									
Calendar for booking lessons (for a fee)									
Final Test									
Form for sending YouTube final test video link				2					
Flamenco Metronome									
A) Compás of Bulerías (12 tempos)									
Bulerías with accents: B(12) - 3 - 6 - 8 - 10	2				1	1		1	
Bulerías with accents: B(12) - 3 - 7 - 8 - 10	2				1	1		1	
PARTIAL TOTALS	8	0	4	2	4	6	0	2	



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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI
Flamenco Metronome								
Bulerías with accents: B(12) - 6	2				1	1		1
Suggestions								
How to file your nails	1							
How to re-build nails	1							
PARTIAL TOTALS	4	0	0	0	1	1	0	1
SILVER LEVEL GRAND TOTAL	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	РНОТО	MIDI
	94	17	83	69	69	105	4	3