



FLAMENCO FACILE (Effective Members Area) - GOLD LEVEL CONTENT LIST

GOLD LEVEL (CONTAINS SILVER LEVEL)	SILVER LEVEL (CONTAINS BRONZE LEVEL)				BRONZE LEVEL			
	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
EFFECTIVE MEMBERS AREA	1			2				
THEORY								
Historical Notes on Flamenco								
A bit of history... (Part One)	1	1				1		
A bit of history... (Part 2)	1	1				1		
The Compás and the Palos in Flamenco								
What is Compás	1	1				1		
What is a Palo Flamenco	1	1				1		
Palos in 12 Tempos								
1) Martinete	1	1	2			2		
2) Siguriya	1	1	1			2		
3) Solea'	1	1	1			2		
4) Alegrías	1	1	2			3		
5) Bulerías	1	2	2		1	3		
PARTIAL TOTALS	10	10	8	2	1	16	0	0

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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI				
Palos in 4 Tempos												
1) Tientos	1	1	2			3						
2) Tangos	1	1	1			3						
3) Farruca	1	1	1			2						
Palos in 3 Tempos												
1) Fandango de Huelva	1	1	1			2						
2) Sevillanas	1	1	2			2						
Palos in 2 Tempos												
1) Rumba	1	1	2			4						
2) Colombiana	1	1	1			2						
PARTIAL TOTALS	7	7	10	0	0	18	0	0				

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PRACTICE								
The Flamenco Guitar								
Description	1						2	
Setting and Posture	1						2	
The Technique of Flamenco Guitar								
1 - Hand Setting								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
2 - Fluency and Empowerment								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
PARTIAL TOTALS	8	0	6	6	6	6	4	0



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2 - Fluency and Empowerment								
Exercise No. 5	1		1	1	1	1		
Exercise No. 6	1		1	1	1	1		
Exercise No. 7	1		1	1	1	1		
3 - The "Legato"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	1	1	1		
Exercise No. 6	1		1	1	1	1		
PARTIAL TOTALS	9	0	9	9	9	9	0	0

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4 - The "Rasgueo"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	2	1	1		
Exercise No. 6	1		1	1	1	1		
Exercise No. 7	1		1	1	1	1		
Exercise No. 8	1		1	1	1	1		
Exercise No. 9	1		1	1	1	1		
Exercise No. 10	1		1	1	1	1		
Exercise No. 11	1		1	1	1	1		
Exercise No. 12	1		1	1	1	1		
PARTIAL TOTALS	12	0	12	13	12	12	0	0



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4 - The "Rasgueo"								
Exercise No. 13	1		1	1	1	1		
Exercise No. 14	1		1	1	1	1		
5 - The "Golpe"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
6 - The "Pulgar"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
PARTIAL TOTALS	9	0	9	9	9	9	0	0

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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
6 - The "Pulgar"								
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	1	1	1		
Exercise No. 6	1		1	1	1	1		
Exercise No. 7	1		1	1	1	1		
Exercise No. 8	1		1	1	1	1		
Exercise No. 9	1		1	1	1	1		
7 - The "Arpeggio"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
Exercise No. 5	1		1	1	1	1		
PARTIAL TOTALS	11	0	11	11	11	11	0	0



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	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
7 - The "Arpeggio"								
Exercise No. 6	1		1	1	1	1		
Exercise No. 7	1		1	1	1	1		
Exercise No. 8	1		1	1	1	1		
8 - The "Tremolo"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	1	1		
9 - The "Picado"								
Exercise No. 1	1		1	1	1	1		
Exercise No. 2	1		1	1	1	1		
PARTIAL TOTALS	9	0	9	9	9	9	0	0

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9 - The "Picado"								
Exercise No. 3	1		1	1	1	1		
Exercise No. 4	1		1	1	4	4		
Exercise No. 5	1		1	1	1	1		
Exercise No. 6	1		1	1	1	1		
The Palmas								
A) Palma Sorda VS Palma Clara	1			1				
B) Compás in 12 tempos	1			1				
C) Compás in 4 tempos	1		1	2		1		
D) Compás in 3 tempos	1		1			1		
E) Compás in 2 tempos	1		1			1		
F) Palmas in Countertime (First part)	1		1		1	1		
PARTIAL TOTALS	10	0	8	8	8	11	0	0



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The Palmas								
G) Palmas in Countertime (Second part)	1		1		1	1		
End Step Checks								
YouTube link submission form (video verification)				1				
60' Live Online Lessons Included (Gold Level Reserved): No. 5								
Live Lessons								
Calendar for booking lessons (for a fee)								
Final Test								
Form for sending YouTube final test video link				2				
Flamenco Metronome								
A) Compás of Bulerías (12 tempos)								
Bulerías with accents: B(12) - 3 - 6 - 8 - 10	2				1	1		1
PARTIAL TOTALS	3	0	1	3	2	2	0	1



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Flamenco Metronome										
Bulerías with accents: B(12) - 3 - 7 - 8 - 10		2				1	1		1	
Bulerías with accents: B(12) - 6		2				1	1		1	
Suggestions										
How to file your nails		1								
How to re-build nails		1								
Groove Flamenco (under construction)										
1) Bulerías										
Exercise No. 1		1		1	1	1	1			
PARTIAL TOTALS		5	7	0	1	1	3	3	0	
GOLD LEVEL GRAND TOTAL		CLASS. INCL.	VIDEO	TEXTS	SCORES	INSTRUCTIONS	MP3 L. S.	MP3 H. S.	PHOTO	MIDI
		5	95	17	84	71	70	106	4	3